

Inverurie Day Opportunities

Day Opportunities for Adults with Additional Needs

Who We Support

We provide **high-quality day opportunities** for adults aged **18–60 with additional needs**.

Our service is particularly suited to individuals who:

- Benefit from **smaller, supportive group environments**
 - May feel overwhelmed in larger services
 - Need **structured, person-centred support**
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What We Offer

- Small, friendly groups
- Personalised support tailored to each individual
- Meaningful and engaging daily activities
- A calm, safe, and welcoming environment
- Consistent support from experienced staff

We are often a good fit for individuals who may struggle in larger or busier environments.

Sessions & Availability

Tuesday (10am – 3pm)

-  Full (11 members)

Thursday (10am – 3pm)

-  Spaces available (currently 5 members)

Monday (10am – 3pm) (NEW)

-  Spaces available
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Why Choose Us

- Smaller groups allow for **more one-to-one support**
 - Supportive and structured setting
 - Flexible approach to individual needs
 - Established, successful Tuesday group
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Made in a group activity showing their own creativity

Visit Us

We warmly welcome professionals to:

- Arrange a visit
 - Pop in for a coffee
 - See the service in action
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Referrals & Contact

We are happy to discuss suitability or potential referrals.

Antonia Anderson

Day Opportunities Manager

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 *We currently support 11 members in our Tuesday group and are keen to expand our newer days to support more individuals locally.*