



CREATIVE

WELLBEING WORKSHOP

NO
EXPERIENCE
NEEDED!
ALL ARE
WELCOME.

A RELAXING, INSPIRING
SPACE TO BOOST YOUR
WELLBEING THROUGH
CREATIVITY AND
CONNECTION.

TAKE TIME
FOR YOU.
CREATE.
CONNECT.
RECHARGE.



MONDAY AFTERNOONS
FOR 8 WEEKS
1PM - 3PM



GRAMPIAN OPPORTUNITIES
54 WEST HIGH STREET
INVERURIE

FOR MORE INFORMATION OR TO BOOK YOUR FREE
PLACE,

EMAIL - lisa@grampianopportunities.co.uk
OR CALL - 01467 629 675



**Grampian
Opportunities**
Empowering people to find their way forward



Scottish Charity - SCO030396

